

SACRED NAME COLLECTION

Song 16 of 96 | Group 1 - The First Group (27): From Darkness Into Light

Collection: From Darkness Into Light (numbered album songs) | Level / place: Song 16 of 26

Per-instrument parts in source: YES - per-instrument Arrangement notes and Vocal Design printed in source

A Place to Breathe

Source: From Darkness Into Light - Perfected Music Lyric Master v34 (latest master; lyrics identical in the Public Music E-Book v01)

Version used: v34 master

FREQUENCY CHART PRESENTATION - A = 432 Hz

Tuning reference for the whole Collection: A = 432 Hz (Frequency Chart & Music-Education Instructions). A=432 Hz is a tuning reference, not the same thing as applying a 432 Hz single tone throughout a song; frequency cue, sung pitch and lyrical peak are separate artistic decisions.

Chart values for the anchor frequencies this song uses (from the standing Frequency Chart's cue table):

432 Hz - Project A=432 Hz tuning reference; also used in some compositional arcs

528 Hz - Warmth and central love-theme treatment

These frequency-to-emotion associations are symbolic production prompts (Frequency Chart evidence note).

THE SONG IN FULL - AS PRINTED IN THE SOURCE

A major - 72 BPM - 6/8 - 432 -> 528 Hz balance / warmth / renewal cue

Applied Composer Pass - v05

Signature motif: A-B-C#-E-C#-B, slow breathing figure.

Harmonic engine: Amaj7 - E/G# - F#m7 - Dmaj7; bridge Bm7-D-A-E.

Prosody / lyric emphasis: Place BREATHE/EASE/GREEN/CARE on relaxed long notes; avoid packed consonants at phrase ends.

Emotional-frequency automation: Piano + voice first; 528 warmth comes from added sixths/thirds and flute, not volume. No dramatic drum crash.

Transition / ending cue: Final refrain ends with audible inhale/exhale and piano resonance.

Emotional / Frequency Arc

This is the wellness-hospitality centerpiece. It should feel intimate, clean, and restorative: natural light, stone, quiet rooms, water, nourishing meals, and human care. The arrangement must create relaxation through space and dynamics rather than claims of medical healing.

Vocal Design

Lead vocal: C-sharp3-E4, rising to A4 only if comfortable. Use long breath-supported phrases, minimal vibrato at first, then warmer vibrato as the harmony opens. A4=432 may be held in a background harmony or final refrain. The singer should sound welcomed, not clinically "treated."

Arrangement

Piano: simple broken chords with generous sustain.

Flute: soft, breathy counter-melody between lines.

Bass: mostly whole and half notes; no busy fills.

Drums/percussion: brushes, soft mallets, low hand percussion, cymbal swells only at transitions.

Ambient texture: water-like synth shimmer and room tone, very low in the mix.

Optional 528 Hz resonant layer: quiet studio texture only, not foregrounded or described as therapeutic.

Lyrics

VERSE 1

Give me a window that opens to trees,

Stone underfoot and a room full of ease.

No hurry calling, no screen in my face,

Just morning and water and unborrowed space.

CHORUS

Give me a place to breathe,
A little less noise, a little more green.
Food from the soil, light through the leaves,
Care that feels human - a place to breathe.

VERSE 2

Tell me the story of what I am served,
Where it was grown and the hands that preserved.
Let every welcome be honest and clear,
Luxury means being fully present here.

BRIDGE

No promise of miracles, no borrowed cure,
Just rest made beautiful, thoughtful and pure.
A body can soften, a mind can grow still,
When kindness and nature are part of the skill.

FINAL CHORUS

Give me a place to breathe,
A little less noise, a little more green.
Warmth in the welcome, truth in what we receive,
Care that feels human - a place to breathe.