SACRED NAME COLLECTION

Song 25 of 96 | Group 1 - The First Group (27): From Darkness Into Light

Collection: From Darkness Into Light (numbered album songs) | Level / place: Song 25 of 26

Per-instrument parts in source: NO - no per-instrument parts in source

Table of the North

Source: From Darkness Into Light - Perfected Music Lyric Master v34 (latest master; lyrics identical in the Public Music E-Book v01)
Version used: v34 master

FREQUENCY CHART PRESENTATION - A = 432 Hz

Tuning reference for the whole Collection: A = 432 Hz (Frequency Chart & Music-Education Instructions). A=432 Hz is a tuning reference, not the same thing as applying a 432 Hz single tone throughout a song; frequency cue, sung pitch and lyrical peak are separate artistic decisions.

Chart values for the anchor frequencies this song uses (from the standing Frequency Chart's cue table):

396 Hz - named in this song's own material; the standing chart's cue table does not list this value.
528 Hz - Warmth and central love-theme treatment
639 Hz - Connection, relationships and belonging
741 Hz - Clarity and articulation; expose key truth lines

These frequency-to-emotion associations are symbolic production prompts (Frequency Chart evidence note).

THE SONG IN FULL - AS PRINTED IN THE SOURCE

R&B / Neo-Soul

F# minor - 88 BPM - 4/4 - 396 -> 528 -> 639 -> 741 Hz arc

Vocal Design: C#3-F#4 with optional B4 falsetto/ad-lib. The 396 verse should feel like letting tension go; 528 should warm the timbre; 639 should bloom into stacked thirds and sixths; 741 should sharpen diction and lyrical truth. Use falsetto only as effortless light, never as a forced climax.

Arrangement: Electric piano, sub/round bass, tight drums, clean guitar, soft synth, sax/flute accents. Leave space for vocal runs at line ends.

Applied Composer Pass - v05

Signature motif: F#-A-C#-E-C#-B-A, neo-soul loop.

Harmonic engine: F#m9 - Dmaj9 - Amaj7 - E13sus; chorus Dmaj9-E-F#m9.

Prosody / lyric emphasis: TABLE/NORTH/TRUTH/CARE/LOVE on long tones; runs reserved for ends of emotional phrases only.

Emotional-frequency automation: 396 sparse pocket; 528 warm EP/guitar; 639 stacked thirds/sixths; 741 arrangement clears for diction and sax/flute answer.

Transition / ending cue: Final falsetto is optional; end on low shared harmony if more natural.

Lyrics

VERSE 1

Put the north on the table; let the colours tell the truth,
Greens from the garden, berries shining wet with dew.
River fish, orchard fruit, warm bread made down the road,
Every plate can carry home into the heart of where you go.

CHORUS

Come sit at the table of the north,
Taste the place and feel its worth.
Love in the labour, care in the flame,
Local hands and local names.
If the earth is good to us, let our gratitude return,
At the table of the north there is always more to learn.

VERSE 2

Tell me where it came from; tell me how the soil was kept,
Tell me how the water moved and how the winter slept.
Truth can make a table beautiful when nobody has to hide,
Hospitality grows deeper when the story comes with pride.

BRIDGE

Warmth is more than temperature,
Well-being more than style,
Sometimes care is eye to eye,
And truth that stays awhile.

FINAL CHORUS

Come sit at the table of the north,
Taste the place and feel its worth.
Love in the labour, care in the flame,
Local hands and local names.
If the earth is good to us, let our gratitude return,
At the table of the north there is always more to learn.